

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lizette Prinsloo

Has successfully participated & completed the

10km Cowhouse Autumn Trail Run 2018

held at Cowhouse Market.

TIME 01:00:27

PACE 06:01/km

OVERALL 15 of 49

28 April 2018, Sat

Date

GENDER 2 of 21

40 - 49 2 of 7



BoutTime

Signature